



NTM Info & Research, Inc.

# AGENDA FOR PATIENT SESSIONS

11:30a - 1:00p

**REGISTRATION (MAY 14TH)**

1:00p - 1:10p

**OPENING REMARKS**

Amy Leitman  
Leah Lande, MD  
and Gregory Tino, MD

1:10p - 2:00p

**AIRWAY CLEARANCE: TECHNIQUES AND CARING FOR YOUR AIRWAY CLEARANCE EQUIPMENT**

Pamela J. McShane, MD

Choosing the right airway clearance method; how to properly use and clean devices

2:00p - 2:45p

**FIGHT BACK WITH FOOD: GOOD NUTRITION FOR PATIENTS**

Michelle MacDonald, MS, RDN, CDE

An in-depth look at how proper nutrition can help patients fight their illness

2:45p - 3:15p

**BREAK**

Registered Dietician Michelle MacDonald will lead a build-a-snack session, showing patients creative ways they can get calories they need in a healthy way

3:15p - 4:00p

**BREATHING BETTER AND THE BENEFITS OF EXERCISE**

Brian Duvak, MBA, RRT  
and Anne Bischoff, RRT, RPFT

How exercise and deep breathing can help improve airway clearance and maintain pulmonary function

4:00p - 4:45p

**STRESS, FEAR & COPING WITH A CHRONIC ILLNESS**

Kristen Holm, PhD, MPH

Anxiety and depression: practical information along with an interactive session on managing daily life with a chronic disease

4:45p - 5:30p

**REDUCING EXPOSURE AND REINFECTION**

Leah Lande, MD  
and Rachel Thomson, PhD, MBBS

Where is NTM and how can we reduce our possible exposure to it?

5:30p - 6:15p

**MEDICATION MANAGEMENT: TAKING AND TOLERATING YOUR TREATMENTS**

Julie Phillely, MD

How to manage or mitigate the side effects of medications and treatments

6:15p - 8:30p

**DINNER**

**7:30a - 8:30a**

## **BREAKFAST & REGISTRATION (MAY 15TH)**

Exhibitors open 8:00a-8:30a

**8:30a - 8:40a**

## **OPENING REMARKS**

**Amy Leitman**  
**Leah Lande, MD**  
**and Gregory Tino, MD**  
Speaker order TBD

**8:40a - 9:30a**

## **BRONCHIECTASIS**

**Gregory Tino, MD**

An overview of bronchiectasis including the latest information on epidemiology; assessing severity and prognosis; differences in presentation by comorbidity

**9:30a - 10:00a**

## **PATIENT PANEL**

**Panelists: TBD**  
**Moderators: Timothy R. Aksamit, MD**  
**and Joseph O. Falkinham, III, PhD**

Valuable insight into the patient's perspective on living with NTM and bronchiectasis

**10:00a - 10:30a**

## **BREAK**

Light snacks and the opportunity to visit Exhibitors

**10:30a - 11:15a**

## **NTM: WHO, HOW & WHEN TO TREAT**

**Shannon Kasperbauer, MD**

Discussion of the differences in MAC and *abscessus* infection and treatments

**11:15a - 11:45a**

## **THE CARE & FEEDING OF YOUR PATIENT**

**Michelle MacDonald, MS, RDN, CDE**  
**and Amy Leitman, JD**

What does it take to take care of your NTM and bronchiectasis patients? This session provides a comprehensive overview of the support system a clinician should put in place for their patient

**11:45a - 12:15p**

## **AIRWAY CLEARANCE & MUCOLYTIC THERAPIES**

**Gwen Huitt, MD**

The importance of ensuring your patients have airway clearance and how to choose which methods to use; increasing your success in inducing sputum samples

**12:15p - 1:30p**

## **LUNCH AND EXHIBITS**

Buffet lunch and the opportunity to visit Exhibitors

**1:30p - 2:00p**

## **THE ROLE OF THE LAB: PRESENT & FUTURE**

**Jakko van Ingen, MD, PhD**

A humorous and insightful look at the importance of laboratory diagnostics for NTM and bronchiectasis

**2:00p - 2:45p**

## **GERD'S THE WORD: THE ROLE OF REFLUX**

**Gwen Huitt, MD**

The role of GERD in bronchiectasis and NTM; therapeutic options including medications, functional interventions, and surgery

**2:45p - 3:15p**

## **REDUCING REINFECTION & EXPOSURE**

**Leah Lande, MD / Rachel Thomson, PhD, MBBS**

What clinicians should know about their patients in order to help them reduce possible exposure and reinfection

**3:15p - 3:30p**

## **BREAK**

Light snacks and visiting Exhibitors

**3:30p - 4:15p**

## **MANAGING SIDE EFFECTS**

**Julie Philley, MD**

How to monitor, manage and mitigate side effects of treatments

**4:15p - 5:00p**

## **NEW THERAPIES**

**Ken Olivier, MD, MPH**

An overview of new therapies in the pipeline, including newer technologies such as nitric oxide and phage therapy

**5:00p - 5:05p**

## **CLOSING REMARKS**

**Leah Lande, MD  
and Gregory Tino, MD**